

NJI NEWS

NJI Interns | Supervision | Community

Welcome!

The Fall semester is beginning at NJI. This is our 43rd year.

Conference Sunday November 1st, 2015

FALL CONFERENCE 2015

Dr. Howard B. Levine

BEYOND NEUROSIS:

EXPANDING ANALYTIC
TECHNIQUE

CASE PRESENTER:

Deborah Bunim, PhD, LCSW,
PsyA

Sunday, November 1st, 2015

5 CEU for NJ Social Workers

5.5 CE Credits for NY Social
Workers

5 NBCC clock hours
Counselors

CONFERENCE CENTER AT
MONTCLAIR STATE
UNIVERSITY

**Hope to see you
there!**

Newsletter to the NJI Community

This is the first in an irregular series of newsletters geared to help our psychoanalytic community know each other

In this first issue, we are spotlighting our interns: 3 from NYU School of Social Work and a doctoral candidate extern from Rutgers. We are also informing members and candidates of a new magazine, J.A.S.P.E.R., being published by Burt Seitler PhD, editor, a faculty member, control and graduate of NJI. In later issues, we will focus on other members, events such as our conference workshops, presentations and other news of note, as books and articles published, prizes won, etc.

First, however, information about Burt's new scholarly accomplishment: J.A.S.P.E.R. is the Journal for the Advancement of Scientific Psychoanalytic Empirical Research, a central forum for psychoanalytic research. It offers carefully and methodically gathered observations, descriptions and assessments of psychoanalytic concepts and practice in one central journal. Publication will begin in early 2016. Subscriptions are \$110.00 for a year. Send checks to Dr. Seitler at 9 Post Road, Suite D-1, Oakland, NJ 07436 or email him at binsightfr@gmail.com

Please email, marcyrosen@optonline.net with your news. We hope to hear from candidates, members and faculty! The newsletter was designed by Eve Yudelson.

Marcy Rosen, Editor, NJI Newsletter



Starting Supervision

Welcome to the NJI community. This is a vibrant place of lifelong learners who come together in a spirit of collegiality to learn and teach and grow with and support one another.

One of the best ways to connect when you first begin, is, of course, in classes. Get to really know your classmates and teachers.

Another very special way to connect to NJI is to begin, during your first year, with supervision. First year candidates will be assigned supervisors at a fee of \$25 per session.

- Supervisors help you begin or continue with your practice.
- Supervisors have knowledge of NJI policy and can steer you in the right direction.
- Supervisors can bring your concerns to the proper channels.
- Even if you are not yet in practice, having a supervisor is a rich learning experience.

Meet Lisa Modell Schnall



As I begin my second field placement as a Masters of Social Work Student at NYU, I have so much gratitude to have the opportunity to continue to learn. My life experiences have given me the insight and wisdom I feel I can now use to help others. However, I continue with diligence for constant self-reflection with every client that I see. In this process of evolving and growing, I am eager to learn about Psychoanalysis from the NJI community.

I have a Masters Degree in Education and that I have worked in many different fields throughout my adult life. I am also a single mother of three children and I have been a yoga instructor for the last twenty-five years. My own consistent yoga and meditation practice has taught me how to find peace in this busy and at times chaotic world.

It is a privilege to work with the variety of people that NJI brings together and I look forward to meeting all of you.

Meet Alex Alperin



My name is Alex Alperin and I am a third year doctoral candidate at Rutgers University Graduate School of Applied and Professional Psychology (GSAPP). Prior to my candidacy at Rutgers, I worked for four years as a hospital administrator at Memorial Sloan-Kettering Cancer Center.

My interest in psychoanalysis began while I was in high school

(Meet Alex Alperin, continued)

when I read Herb Streehan's book, *Behind the Couch*. As a result, I majored in psychology while an undergraduate student at Rutgers, and read many books about psychoanalysis which included those by Jung, Freud, and Atwood. I also began a personal analysis while in college which has continued to date.

I have had courses in psychodynamic theory at GSAPP and have attempted to apply what I learned in the classroom to my work with clients at my prior doctoral externships. I am eager to learn much more about psychoanalysis and am glad to be at NJI. I am very impressed with the candidates, the other interns, and the faculty whom I have met so far. After many years of hearing wonderful things about NJI, I am excited to be an extern at NJI.

Meet Anthony Breit

Twenty years ago I decided that I wanted to work with people. I started to mentor children and work with the elderly. Volunteer work became an important part of my life. Working as a technician for a telecommunications company for the past 27 years, I attended night school at Ramapo College working toward a degree in Psychology. The last few years at Ramapo I decided to focus on a minor in substance abuse; the idea was to graduate and work on becoming a CASAC. My advisor suggested an MSW to broaden my options. I thought that I was over and done with school but, in reality, the journey had really just begun.



I was introduced to NJI as a fieldwork requirement for my MSW at NYU and in a short time I was welcomed into a helping community like none I have ever experienced. I am able to make my own hours at NJI, perfect for an adult student who works full time and has family responsibilities. The clinical experience I stand to gain at NJI will be exactly what I need to further my education. The ultimate plan: to retire from my present job with my MSW, on the road to LCSW, then use my degree toward a second career within the helping spectrum.

Meet Irina Gorokhovskaya

My Name is Irina Gorokhovskaya. I am an MSW student at NYU. My biggest accomplishment and joy in life is my daughter Michelle Ronit who is the most fascinating person I know.

Other than spending time with my family I love to travel, read, and eat out. My favorite authors are Lion Feuchtwanger and Erich Maria Remarque. My favorite quote by Oscar Wilde: "There are only two tragedies in life: one is not getting what one wants, and the other is getting it."



I am very excited about an opportunity to have my internship at the Institute and very much looking forward to an interesting year filled with learning and self-discovery.