

**The New Jersey Institute for Training in Psychoanalysis**  
**# F203 - Case Seminar: Initial Resistance**

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**COURSE DESCRIPTION**

Discussions of the concept of resistance is predicated on understanding that almost all instances of resistance is based upon real, imagined, or anticipated pain, which the patient (wisely) wishes to avoid. Our mission is to help students understand that this process is to be expected, therefore, we are not to judge our patients, and help students to understand the concept sufficiently so that they can help their patients learn to recognize, respect, and eventually overcome their resistance and thus, be able to analyze it, with us acting as their co-pilot in this mutual endeavor.

**ABOUT THE INSTRUCTOR:**

**Janice Victor, MSSW, LCSW, PSYA**

Janice Victor was born in the Bronx. She attended the Bronx High School of Science. She went on to The University of Bridgeport, and Columbia Teachers College, where she earned enough credits to get a job as a Vocational counselor at Bird S. Cover Hospital. After this experience, she was determined to attend social work school at Columbia University. She has always believed that psychoanalysis is an advanced skill of a clinician. She graduated in 1989 from The New Jersey Institute for Training in Psychoanalysis (NJI). Since then, she has been a part of the NJI community, a board member and an esteemed faculty member.

**COURSE OBJECTIVES:**

1. Students will be able to describe and identify in a positive way to impediments to analytic progress. This will be accomplished through class discussion and case vignettes.
2. Students will achieve basic competence in the comprehension and application of resistance analysis in their own work, as applied in their case presentations.
3. Students will appreciate the significance of careful handling of initial resistance in their own work as presented in their final paper.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

