

The New Jersey Institute for Training in Psychoanalysis

#F101 - Basic Concepts in Psychoanalysis

COURSE DESCRIPTION:

This course serves as an introductory survey of fundamental psychoanalytic concepts, which will include, but not limited to an emphasis on and appreciation of anxiety, the definitions and importance of the structural theory, the unconscious, transference, countertransference and resistance.

ABOUT THE INSTRUCTOR:

Peter J. LaBarbera, LP, LCSW, NCPsyA

Peter J. LaBarbera is a practicing psychoanalyst in Manhattan and New Jersey. He graduated from the Hunter College School of Social Work with Honors in Groupwork, Group-Therapy Seminar, Field Placement, and Research/Program Evaluation. He received his psychoanalytic training and certification at the National Psychological Association for Psychoanalysis (NPAP). For a period of 27 years, he also worked as a school social worker providing on-going group and individual counseling services in the public high schools of New York City, treating approximately 3,000 students.

From 1985 through 2002, he presented an on-going series of lectures for mental health professionals in the educational field – focusing on the concept of utilizing group counseling technique and practice as a model for creating a “Holding Environment” in which group members would be able to develop trust, confidence, and feelings of safety. These clinical presentations highlighted technical procedures, as well as clinical vignettes demonstrating growth and progression in both academic and social/emotional areas. Sponsored by the High School Division Clinical Services Units of the NYC Department of Education, these presentations were held at The Metropolitan Museum of Art, Columbia University, Office of the Superintendent Manhattan High Schools, Office of the Superintendent Brooklyn High Schools.

COURSE OBJECTIVES:

- Define the basic concept of transference through the examination of a series of 4 clinical re-enactments through the assigned readings, as well as a clinical vignette presented by the instructor.
- List some of the basic psychoanalytic terms and concepts that will be discussed and studied.
- Describe the concept of the unconscious, starting with the principle of psychic determinism, and including an in-depth look at the structural theory.
- Recognize and explain the concept of re-enactment in the analytic setting.
- Integrate the concepts and functions of the id, ego and superego through the assigned readings, personal outlines, and clinical vignettes presented by the instructor.

