

The New Jersey Institute for Training in Psychoanalysis

#F304 - Psychoanalytic Theory of Dreams II

COURSE DESCRIPTION:

Multiple Models of understanding dreams from different theoretical positions will be explored. This course will review the language of dreams- condensation, distortion, reversal, and symbolic communication as well as include the readings of Freud, Blechner, and Fosshage.

ABOUT THE INSTRUCTORS:

Jodi Kosofsky MA, LP, NJPsyA, NCPsyA received her MA in Counseling from New York University and her advanced training as a Psychoanalyst from The National Psychological Association for Psychoanalysis (NPAP) in New York City. She is both a New Jersey Certified and New York State licensed Psychoanalyst. At The New Jersey Institute for Training in Psychoanalysis (NJI), she has been a faculty member, training analyst and supervisor for the last twenty-two years. She is the current NJI Director of the Child and Adolescent Psychotherapy Program beginning in 2011. In the past, she maintained a private practice with both adults and adolescents in New York City for over twenty-five years. In 2011, Jodi was presented with the outstanding service award in recognition of her outstanding efforts and constant attention to detail, quality, and principles upon which NJI was founded.

Suzanne Saldarini, MA, LPC, NCPsyA is in private practice in individual, couples and child counseling, psychotherapy and psychoanalysis in Ramsey N.J. She received her MA in Psychology from the University of Kansas, is a certified NJ School Psychologist and certified in Psychoanalysis at The New Jersey Institute for Training in Psychoanalysis, Teaneck N.J. She is a member of the faculty, Control Analyst and Trustee of that Institute. Ms. Saldarini is the author of three books for children, two Continuing Education home-study courses for clinicians and provided a sub-section for ABC-CLIO's two volume anthology, *Dreams: Understanding Biology, Psychology and Culture*.

COURSE OBJECTIVES:

By the end of the course candidates will be able to:

1. Restate and differentiate concepts that are part of the language of dreams- condensation, distortion, reversal, and symbolic communication.
2. Recognize the manifest content and the communicative function of the dream.
2. Describe dream interpretation from multiple theoretical models.
3. Show examples of their written dreams of patients, or their own dreams, or choose from an anonymous dreamer's journal.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

