

The New Jersey Institute for Training in Psychoanalysis

#F503 - Case Seminar: Termination

COURSE DESCRIPTION:

Beginning with Freud's "Analysis Terminable and Interminable", this course will look at carefully planned termination as well as unexpected and premature terminations, considering the role of misalliances, mistiming, misattunements, transference, countertransference, and resistance. It will also explore how, in psychoanalytic treatment that is not focused on symptom reduction, we "know" when it is appropriate to consider termination and whether that determination should be made by the patient, the analyst, or both.

ABOUT THE INSTRUCTOR:

Wendy Winograd, DSW, LCSW, BCD-P, clinical social worker and certified psychoanalyst, provides psychotherapy to adults, couples, and children in private practice and in a school. She serves on the faculties of The New Jersey Institute for Training in Psychoanalysis and the Center for Psychotherapy and Psychoanalysis of New Jersey. She is Book Review Editor, and Co-Chair of the Child and Adolescent Committee for the American Association for Psychoanalysis in Clinical Social Work. She earned her MSW from New York University and her DSW from Rutgers University. She maintains a blog, *About Play*, which explores the connections between play, identity, and relationship. She has published on female development, work with transgender adolescents, school-based psychotherapy with young children, mother/daughter relationships, and the impact of technology on clinical treatment, and has presented her work nationally and internationally.

COURSE OBJECTIVES:

1. To develop the ability to present case material for the purpose of generating clinical discussion and showing insight into the dynamics of termination as they are operating in this particular case.
2. To analyze issues of termination even as they present in the earliest phase of treatment.
3. To formulate and consider the issues that lead to premature terminations and work effectively with patients toward meaningful and useful terminations.
4. To describe the theoretical basis for interventions around termination.
5. To use written assignments to develop close reading skills and psychoanalytic writing skills.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

