

The New Jersey Institute for Training in Psychoanalysis

#F201 - Transference

COURSE DESCRIPTION: Transference in the context of the psychoanalytic encounter has been broadly defined as the displacement of feelings, behaviors, thoughts, and desires originally experienced in relation to significant figures from childhood/the past onto the analyst. This course explores the evolution of the concept from its classical roots to contemporary perspectives on it. It will emphasize transference's recognition, its development in the context of the psychoanalytic relationship, its purpose, how it can further analysis or present itself as a resistance, and its analysis.

ABOUT THE INSTRUCTOR

Wilda Mesias, PhD is a psychologist and a psychoanalyst practicing in Morris County, NJ. Her practice consists of infants, children, adolescents, adults and couples. Dr. Mesias obtained a PhD in Clinical Psychology from Long Island University in 1995 and graduated as a psychoanalyst from The New Jersey Institute for Training in Psychoanalysis (NJI) in 1996. She also holds an MA in Forensic Psychology from the John Jay College of Criminal Justice and a certificate in group analytic psychotherapy from the Institute of Group Analysis, London, UK in conjunction with the School of Psychotherapy at St. Vincent's University Hospital in Dublin, Ireland. Dr. Mesias is the Chair of the Training Board at NJI and a member of the Board of Trustees and the Executive Board. She also is the editor of *Viewpoints in Psychoanalysis*, an NJI publication. In addition, Dr. Mesias is a faculty member and control/supervisor at NJI and at the Center for Psychotherapy and Psychoanalysis of New Jersey (CPPNJ). Dr. Mesias is fluent in Spanish and proficient in Italian and French. Her interests include transference and countertransference in character disorders, developmental psychoanalytic theory, Freudian-Lacanian theory and psychoanalysis and the arts.

COURSE OBJECTIVES

Using as a point of departure Freud's notion of transference, we will trace the development of this concept, taking into consideration ego psychology, object relations, self psychology, relational, and intersubjective perspectives. At the end of the course candidates will be able to:

- 1) To define the concepts of transference, transference neurosis, erotic transference, and transference resistance.
- 2) To analyze transference in light of the therapeutic and working alliances and how it presents in specific situations.
- 3) To describe how transference presents during treatment and how to approach its analysis.
- 4) To evaluate how transference has been re-conceptualized within recent psychoanalytic discourse.
- 5) To explain transference in reference to intersectionality and to list some of the contributions of neuroscience to the field of psychoanalysis.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

