

The New Jersey Institute for Training in Psychoanalysis

#S105 - Developmental Theory: Latency Through Adolescence

COURSE DESCRIPTION: This course emphasizes the psychoanalytic understanding of the psychic development of the latency period which sets the groundwork for the successful approach, entrance, and passage through the second separation - individuation process of adolescence. We will untangle the web of conflict (constructive and destructive processes) between parent and child (Attacks on Linking) to provide a corrective emotional experience that builds emotional muscle and a protective shield. This course will draw upon the work of Freud, Winnicott, Blos, Fonagy, Ferenczi, and Howell.

ABOUT THE INSTRUCTOR: **Jodi Kosofsky, MA, LP, NJPsyA, NCPsyA** received her MA in Counseling from New York University and her advanced training as a Psychoanalyst from The National Psychological Association for Psychoanalysis (NPAP) in New York City. She is both a New Jersey Certified and New York State licensed Psychoanalyst. At The New Jersey Institute for Training in Psychoanalysis (NJI) she has been a faculty member, training analyst and supervisor for the last twenty-two years. She has also served as the Director of the Child and Adolescent Psychotherapy Program since 2011. In the past, she maintained a private practice with both adults and adolescents in New York City for over twenty-five years. In 2011, Jodi was presented with the outstanding service award in recognition of her outstanding efforts and constant attention to detail, quality, and principles upon which The New Jersey Institute for Training in Psychoanalysis was founded.

COURSE OBJECTIVES:

1. To describe the underlying concepts of attachment and character development from birth to adolescence and the consequences that often ensue when early childhood conflicts are not resolved.
2. To examine the challenges and clinical implications that need to be addressed therapeutically of emerging adolescents into young adulthood.
3. To integrate the psychoanalytic theories being presented which apply to self-injurious patients through case examples which demonstrate enactments of childhood experiences in current patterns.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

