

## **The New Jersey Institute for Training in Psychoanalysis**

### **#S305 - Object Relations**

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**COURSE DESCRIPTION:** This course will start by tracing the shift from the Freudian understanding of human experience as driven by sexual and aggressive drives to its understanding as driven by the need to connect and relate to others. We will focus on the contributions of the first theoreticians emerging from the British School of psychoanalytic thought starting with Klein and following with Fairbairn, Winnicott and Bion. We'll also discuss and introduce more recent approaches to object relations and its influence on contemporary thinkers such as Christopher Bollas, and Thomas Ogden. A contemporary read through the lens of object relations of race and violence will be discussed at the end of the cycle.

#### **ABOUT THE INSTRUCTOR:**

**Ana Falcon, MA, LPC,** is a graduate of the Adult and the Child and Adolescent programs at The New Jersey Institute for Training in Psychoanalysis. Originally from Argentina, she finished her studies in Psychology at the University of Buenos Aires. She has been living in the US and providing psychodynamic psychotherapy and psychoanalysis for the past 30 years. She maintains a practice in Springfield, NJ where she sees children, adolescents and adults. Ms. Falcon has taught the course of object relations for this institute in the past.

#### **LEARNING OBJECTIVES:**

Candidates will be able to list three theoretical differences between Drive Theory and Object Relations Theory.

Candidates will be able to list three of the major concepts of Object Relations Theory and will be able to demonstrate three ways they may be applied in clinical practice.

Candidates will be able to list and describe two theoretical contributions to Object Relations theory by Klein, Fairbairn, Winnicott, Bion, Ogden, and Bollas.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

