

The New Jersey Institute for Training in Psychoanalysis

#S405 - Relational Concepts in Psychoanalysis

COURSE DESCRIPTION: Relational psychoanalysis offers a way of understanding development and relationships through the lens of mutual influence and mutuality. It does not represent a single contained theory but it primarily comprises a school of thought emerging from, among other things, ideas introduced by Ferenczi, the contributions made by the object relations and interpersonal schools, and postmodernist, social constructivist, feminist, infant research, and attachment-theoretical perspectives.

In this course we will gain an understanding of the relational movement as it evolved first in the United States in the 1980s and of how it continues to influence contemporary psychoanalytical thinking.

ABOUT THE INSTRUCTORS: Lee Ann Marquard, LCSW. After earning an MSW from NYU Lee Ann sought to further enhance her theoretical knowledge and technical skills which, ultimately, led her to The New Jersey Institute for Training in Psychoanalysis (NJI). While engaged in NJI's training program she became active in leadership and served as the Candidate Representative within the Board of Trustees. Upon completion of the 5-year Advanced Training Program she was invited to present a case at the annual conference. Overtime, at the request of the members, Lee Ann has served as the Institute's Membership Chair as well as a member of the Executive Board and Board of Trustees. Currently she maintains a private practice in Ridgewood, NJ offering services to Individuals, Couples, and Families. Lee Ann is a passionate student of psychoanalysis and continues her involvement with several contemporary reading groups encompassing Freud and beyond including the many turns and expansions in theory and technique. She considers it is a pleasure to introduce new candidates to Psychoanalytic study and is dedicated in her roles as Supervisor, NJI Faculty Member, and Control Analyst.

Wilda Mesias, PhD is a psychologist and a psychoanalyst practicing in Morris County, NJ. Her practice consists of infants, children, adolescents, adults and couples. Dr. Mesias obtained a PhD in Clinical Psychology from Long Island University in 1995 and graduated as a psychoanalyst from The New Jersey Institute for Training in Psychoanalysis (NJI) in 1996. She also holds an MA in Forensic Psychology from the John Jay College of Criminal Justice and a certificate in group analytic psychotherapy from the Institute of Group Analysis, London, UK in conjunction with the School of Psychotherapy at St. Vincent's University Hospital in Dublin, Ireland. Dr. Mesias is the Chair of the Training Board at NJI and a member of the Board of Trustees and the Executive Board. She also is the editor of *Viewpoints in Psychoanalysis*, an NJI publication. In addition, Dr. Mesias is a faculty member and control/supervisor at NJI and at the Center for Psychotherapy and Psychoanalysis of New Jersey (CPPNJ). Dr. Mesias is fluent in Spanish and proficient in Italian and French. Her interests include transference and countertransference in character disorders, developmental psychoanalytic theory, Freudian-Lacanian theory and psychoanalysis and the arts.

COURSE OBJECTIVES:

At the end of this class candidates will be able to:

1. Appraise the history and development of the relational school.
2. Analyze the concepts and ideas that are unique to contemporary relational psychoanalysis.
3. Consider the impact that the relational school has had in the practice of psychoanalysis.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

