

## The New Jersey Institute for Training in Psychoanalysis

### #S506 - Contemporary Writings in Psychoanalysis

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**COURSE DESCRIPTION:** What is contemporary psychoanalysis? Different perspectives might answer this question differently. Many writers present the idea that contemporary psychoanalysis is a micro-revolution against the paternal authority of classical psychoanalysis, while others emphasize a person's embeddedness in the social context, focus primarily on concepts of mutuality and recognition, base their ideas on attachment, infant, and child development research and neurobiology, or highlight the intersubjective experience of the analytical dyad.

What these perspectives share in common is the interpersonal nature of our human experience and, in relation to the analytical space, the healing properties of the analytical encounter in which the analyst and analysand work collaboratively in making meaning of the analysand's experience in the context of the analytical dyad.

**ABOUT THE INSTRUCTORS:** **Susan Goldman, LCSW PsyA** is a member, supervisor, training analyst and faculty of The New Jersey Institute for Training in Psychoanalysis (NJI). She joined NJI first as a candidate and graduate of the Child and Adolescent program, followed by training and completion of the Adult Program. A private practitioner in Teaneck, Ms. Goldman participated in the life of the Institute over many years as co-chair of the Annual Conference committee, chair of the Nominating Committee and member of the Executive Board. Ms. Goldman has presented at workshops and has been the case presenter at a number of conferences.

**Wilda Mesias, PhD** is a psychologist and a psychoanalyst practicing in Morris County, NJ. Her practice consists of infants, children, adolescents, adults and couples. Dr. Mesias obtained a PhD in Clinical Psychology from Long Island University in 1995 and graduated as a psychoanalyst from The New Jersey Institute for Training in Psychoanalysis (NJI) in 1996. She also holds an MA in Forensic Psychology from the John Jay College of Criminal Justice and a certificate in group analytic psychotherapy from the Institute of Group Analysis, London, UK in conjunction with the School of Psychotherapy at St. Vincent's University Hospital in Dublin, Ireland. Dr. Mesias is the Chair of the Training Board at NJI and a member of the Board of Trustees and the Executive Board. She also is the editor of *Viewpoints in Psychoanalysis*, an NJI publication. In addition, Dr. Mesias is a faculty member and control/supervisor at NJI and at the Center for Psychotherapy and Psychoanalysis of New Jersey (CPPNJ). Dr. Mesias is fluent in Spanish and proficient in Italian and French. Her interests include transference and countertransference in character disorders, developmental psychoanalytic theory, Freudian-Lacanian theory and psychoanalysis and the arts.

**Sheldon Weiss, LCSW** is in full time private practice of individual, couple and family psychotherapy and psychoanalysis in Teaneck, New Jersey and in New York City. His practice also includes private supervision to psychotherapists who are in various stages of their training and development. He received his MSW in 1977 from Yeshiva University. In 1983 he received a certificate from the Washington Square Institute in Psychoanalytic Psychotherapy and in 1994 he received his certificate in Psychoanalysis from the National Psychological Association for Psychoanalysis (NPAP). He is also a member of the faculty and Training Board of The New Jersey Institute for Training in Psychoanalysis located in Teaneck, New Jersey.

#### **COURSE OBJECTIVES:**

- 1) To consider some salient views in contemporary psychoanalysis.
- 2) To examine the history of the psychoanalytic movement and identify how contemporary views have changed the theory and practice of psychoanalysis.
- 3) To use the course material to develop the candidates' own critical and analytical point of view towards psychoanalytic change in regards to their own individual clinical practice.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

