

# **The New Jersey Institute for Training in Psychoanalysis**

## **#S406 – Integrated Theory of Psychoanalytic Techniques**

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**COURSE DESCRIPTION:** The purpose of this course is to critically explore the possibility of an integrated and coherent model that fits with contemporary conceptualizations and praxis. The course examines the contributions of different psychoanalytic schools of thought and major psychoanalytic thinkers, from the founder of psychoanalysis, Sigmund Freud to Stephen Mitchell and Neil Altman. Emphasis will be given to how their discoveries have and continue to influence theory and practice.

### **ABOUT THE INSTRUCTOR: Janice Victor, MSSW, LCSW, PsyA**

Janice Victor, LCSW, clinical social worker and certified psychoanalyst has provided psychotherapy to adults in private practice and in a chronic psychiatric hospital. She is a New Jersey Certified Supervisor and earned her MSSW from Columbia University School of Social Work.

She serves on the faculty of the New Jersey Institute for Training in Psychoanalysis, is president of the New Jersey Society for Clinical Social Work, and former chair of the Board of Trustees of The New Jersey Institute for Training in Psychoanalysis. She currently serves on the Training Board of the New Jersey Institute for Training in Psychoanalysis, and chairs the Board of Trustees of the The Psychoanalytic Clinic. She has presented workshops and papers on the impasses to be found in considering retirement and has taught courses and workshops on Narcissism, Resistance, Freud, Professional Ethics, and Supervision.

### **COURSE OBJECTIVES:**

1. To formulate and identify the source of techniques we use in clinical practice.
2. To consider the similarities and differences of current psychoanalytic techniques
3. To analyze the history of the various techniques we use and their evolution.
4. To integrate and apply appropriate techniques regardless of their origin.

Target audience: Suitable for social workers, licensed professional counselors and other mental health professionals

