



The New Jersey Institute for Training in Psychoanalysis
#F202 - Psychopathology
Fall 2023
Via Zoom

Instructor: Philip A. Herbert, LCSW

Course Description:

In this course the etiology and development of psychic disturbance will be described and discussed through the varied prisms of psychoanalytic perspectives.

Overall course objectives:

At the end of this course candidates will be able:

- 1) To illustrate the importance of diagnosis in treatment planning.
- 2) To identify and examine several theories of infant early development and psychopathology.
- 3) To recognize the various adult personality types and their psychic structures regarding drive, affect, temperament and defensive and adaptive processes.
- 4) To describe the different diagnostic categories of character and their theoretical foundations.
- 5) To explain the symptomatology of adult patients and what they bring to the process of psychoanalytic treatment.

Required textbooks:

- McWilliams, N. (2020). *Psychoanalytic diagnosis, second edition: Understanding personality structure in the clinical process*. Guilford Press. **{hereinafter McWilliams, N.}**
- Shapiro, D. (1963). *Neurotic styles*. Basic Books. **{hereinafter Shapiro, D.}**

*Other readings listed are available at PEPWeb

In addition, a suggested reading list to further your understanding and practice of psychoanalysis will be provided by the instructor at the start of the term. These readings are not required, but are essential in your development as a psychoanalyst.

Candidates will be expected to incorporate clinical material from their cases to the readings. The instructor will bring in his own representative cases to enhance the readings and class discussion.

Class I: Psychoanalytic Character Diagnosis. We will critically examine certain character structures from different psychoanalytic perspectives.

1. Major psychoanalytic theories: Classical Freudian (drive), ego psychology, object relations, self psychology and relational.
2. Other related theories, including interpersonal (Sullivan,) developmental (Mahler), existential, and others.
3. Integration of theories (Pine: Drive, ego, object, and self: A synthesis for clinical work) and Gets and Goldberg (models of the mind).
4. Early developmental trauma and adaptations and compensatory processes.

Readings:

- McWilliams, N. Chapter Two.
- Shapiro, D. Introduction.

Class II: In this class we will explore the concepts of ego syntonic and ego dystonic, and will consider these concepts in light of personality organizations such as neurosis, borderline personality organization and psychosis.

Readings:

- McWilliams, N. Chapter Three.
- Mahler, M. S. (1971). A study of the separation-individuation process. *The Psychoanalytic Study of the Child*, 26(1), 403–424. <https://doi.org/10.1080/00797308.1971.11822279>

Class III: Dissociative Disorders. We will explore the dissociative disorders in the context of early trauma and in relation to self development.

Readings

- McWilliams, N. Chapter Fifteen.
- Rowe, C. E. (2014). Disorders as undifferentiated self-object formations: Treatment of a multi-disordered patient. *The Psychoanalytic Review*, 101(3), 341–366.

Class IV: Ego Defenses. We will evaluate the roles of ego defenses. We will analyze primary and secondary defensive processes.

Readings:

- Primary defenses: McWilliams, N. Chapter Five.
- Secondary defenses: McWilliams, N. Chapter Six.

Class V: Paranoid and Obsessive Compulsive structures. We will analyze in detail the paranoid and obsessive-compulsive personality structures

Readings:

- McWilliams, N. Chapters Ten and Thirteen.
- Shapiro, D. Chapters Two and Three
- Horner, A. (1982). Discussion of "Compulsive personality disorder". *The American Journal of Psychoanalysis*, 42(3), 199-205.

Class VI: Hysterical and Schizoid. We will analyze Klein's views on schizoid mechanisms as well as other views on this type of organization. We will consider the hysterical organization.

Readings:

- McWilliams, N. Chapters Nine and Fourteen.
- Klein, M. (1946). Notes on some schizoid mechanisms. *International Journal of Psychoanalysis*, 27, 99-110.
- Shapiro, D. Chapter Four.

Class VII: Depression and Mania. We will critically approach mania and depression in light of different perspectives.

Readings:

- McWilliams, N. Chapter Eleven
- Bollas C (2021). *Three characters: Narcissistic, borderline, manic depressive*. Phoenix Publishing House. Chapter 3: The manic depressive.

Class VIII: Conclusion. In this class we will discuss the idea of diagnosis in light of issues of intersectionality. We will evaluate the course as a whole.

Readings:

- McWilliams, N. Chapter One.
- Varvin, S. (2021). *Psychoanalysis in social and cultural settings*. Routledge.
- Mendez, T. (2019). In conversation with race and psychoanalysis: An introduction. *Psychoanalytic Social Work*, 26(1), 1-4. <https://doi.org/10.1080/15228878.2019.1604239>