

The New Jersey Institute for Training in Psychoanalysis #F103- Case Seminar: Clinical Considerations

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Via Zoom

Course description:

In this seminar we will read closely Freud's papers on technique, exploring the fundamental ideas that guide the psychoanalytic encounter. The concepts to be explored include: free association, transference, resistance, repetition compulsion, abstinence, neutrality, and working through. The objective of the course is to develop the candidate's appreciation and understanding of how these timeless papers are relevant to the practice of psychoanalysis today and to apply these psychoanalytic concepts to their clinical work.

Learning objectives:

- To consider the impact of Freud's technique papers on the practice of psychoanalysis today.
- To analyze fundamental concepts such as: free association, transference, resistance, repetition compulsion, abstinence, neutrality and working through.
- To apply the theoretical concepts learned to clinical work.

Class I: In this class we explore the nature of the psychoanalytic process and how it differs from psychoanalytical psychotherapy.

Readings:

- Freud, S (1905). On psychotherapy. Standard Edition, II, 301-305.
- Busch, F. (2010). Distinguishing psychoanalysis from psychotherapy. *International Journal of Psychoanalysis*, 91, 1, 23-34.
- Ackerman, S. (2020). A diagnosis for Psychoanalysis in the 21st Century: Freud as medicine. *The Psychoanalytic Quarterly, 89,* 667-688.

Class II: This class will explore the fundamental rule of psychoanalysis and other considerations of the psychoanalytic frame.

Readings:

- Freud, S. (1912). Recommendations to physicians practising psycho-analysis. *Standard Edition, XII*, 111-120.
- Freud, S. (1913). On beginning the treatment (further recommendations on the technique of psychoanalysis). *Standard Edition, XII, 121-144*.
- Reynoso, J. S. (2022). The celebrity as teaching object: Using Kanye West and Kim Kardashian to explain Freud. International Journal of Applied Psychoanalytic Studies, 19, 341-351.

Optional reading:

• Barratt, B. B. (2022). What is expressed in "Free-Association"?: Theoretical notes on the erotic poetics of freier Einfalle. *Psychoanalytic Review, 109*, 381-410.

Class III: Transference. We will explore transference and how it manifests in treatment.

Readings:

- Freud, S. (1912). The dynamics of transference. Standard Edition, XII, 99-108.
- Caputo, L. (2022). The enigma of memory: Trauma, the cycle of unassimilated experiences, and the work of transference. *Studies in Gender and Sexuality*, 23, 27-39.

Class IV: Candidates will become familiar with the concept of the repetition compulsion.

Readings:

- Freud, S. (1914). Remembering, Repeating and Working-Through. *Standard Edition, XII,* 145-156.
- Sanfelippo, L. C. & Dagfal, A. A. (2020). The debate between Janet and Freud revisited: trauma and memory (1892-1895/1913-1914). *The Psychoanalytic Quarterly, 89,* 119-141.

Class V: Dreams. What did Freud mean when he said that dreams are the royal road to the unconscious?

Readings:

• Freud, S. (1911). The handling of dream-Interpretation in psycho-analysis. *Standard Edition, XII,* 91-96.

- Freud, S. (1923). Remarks on the theory and practice of dream interpretation. *Standard Edition, XIX,* 107-122.
- Aron, L. & Atlas, G. (2019). Dramatic dialogue: Dreaming and drama in contemporary clinical practice. *Psychoanalytic Perspectives*, *16*, 249-271.

Class VI: Understanding the differences between interpretation and construction.

Readings:

- Freud, S. (1937). Constructions in analysis. Standard Edition, XXIII, 257-269.
- Suárez Delucchi, N. & Fossa Arcila, P. (2020). Vygotsky's inner language and its relation to the unconscious system of Freud. *International Journal of Psychoanalysis*, 101, 257-272.

Class VII: What is the meaning of therapeutic action? How does theory and therapeutic process differ?

Readings:

- Jaffe, L. (2021). Freud and therapeutic action reconsidered: Current applications. Journal of the American Psychoanalytic Association, 69, 572-593.
- Pine, F. (2020). On observation, theory and the mind of the working clinician. *Psychoanalytic Psychology*, 37, 2, 89-97.

Class VIII: Psychoanalysis and culture.

Readings:

- White, C. (2020). Sigmund Freud: German "Negro"; H.S. Sullivan: Northern American "White": Psychoanalysis and "The Fierce Urgency of Now"*. *Contemporary Psychoanalysis*, 56, 226-244.
- Vogels, A. E. Et al. (2021). American and "cancel culture": Where some see calls for accountability, others see censorship, punishment. *Pew Research Center.* May 19, 2021. https://www.pewresearch.org/internet/2021/05/19/americans-and-cancel-culture-where-some-see-calls-for-accountability-others-see