

## The Analyst's Vulnerability

Sunday, October 29, 2023

9:00 am to 1:00 pm

Karen Maroda, PhD., ABBP

This will be held as a VIRTUAL ZOOM event



Karen J. Maroda, Ph.D., ABBP, is Assistant Professor of Psychiatry, Medical College of Wisconsin and in private practice in Milwaukee, WI. She is board certified in psychoanalysis by the American Board of Professional Psychology, and a Fellow of the American Psychological Association and the American Board and Academy of Psychoanalysis. The author of four books, *The Power of Countertransference*, *Seduction, Surrender and Transformation*, *Psychodynamic Techniques*, and *The Analyst's Vulnerability*, as well as numerous journal articles and book reviews. She also sits on the editorial boards of *Psychoanalytic Psychology* and *Contemporary Psychoanalysis*. She gives lectures and workshops both nationally and internationally.

### Presentation:

This presentation explores the relationship between the analyst's early experiences and how the resulting guilt, shame, passivity, and conflict avoidance impact both our preferred theories and clinical choices. The vulnerabilities that we carry into our adult lives also include a need to rescue and be rescued, an excessive fear of doing harm, and an outsized sense of responsibility for others' feelings and well-being. We also tend to deny that our own needs are regularly met in the course of doing treatment, often resulting in an emphasis on self-sacrifice. Dr. Maroda addresses the controversies surrounding enactment and self-disclosure, linking them to the aforementioned personality characteristics of therapists, as well as the tendency to infantilize our patients in an attempt to be the perfect mother that we never had or could be. Illustrated with many clinical examples, she advocates for a more active therapeutic approach that acknowledges the patient as an adult collaborator and focuses on affective engagement throughout the treatment. Participants are encouraged to bring their own clinical experiences to the discussion that will take place throughout the presentation.

### Learning Objectives:

- 1) Identify the childhood experiences that not only determine vocational choice but also serve as the basis for analytic theories and clinical choices.
- 2) Use an understanding of both analysts' strengths and weaknesses arising from childhood to improve our self-awareness when formulating therapeutic interventions.
- 3) Evaluate the extent to which analysts may become passive and self-sacrificing as a reaction formation to their own anger.

### 4 Continuing Education Hours/Credits for:

**For Psychologists:** This program is co-sponsored by Academy of Clinical and Applied Psychoanalysis (ACAP) and The New Jersey Institute for Training in Psychoanalysis (NJIT). ACAP is approved by the American Psychological Association to sponsor continuing education for psychologists. ACAP maintains responsibility for this program and its contents. [www.acapnj.org](http://www.acapnj.org)

**For NJ Social Workers:** This program is co-sponsored by The New Jersey Society for Clinical Social Work, which provides leadership and support to clinical social workers in all practice settings. The New Jersey Society for Clinical Social Work has given voice to clinical social workers dealing with the healthcare industry. The organization provides outstanding continuing education programs and opportunities for collegial contact. [www.njscsw.org](http://www.njscsw.org)

**For Licensed Professional Counselors:** NJI has been approved by NBCC as an approved continuing education provider, ACEP No. 5822. Programs that do not qualify for NBCC credits are clearly identified. NJI is solely responsible for all aspects of the program.



**For Psychoanalysts:** NJI is an approved entity to provide CE for New Jersey psychoanalysts. NJI is an ABAP accredited institution.

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### **Conference Costs:**

**Professionals:** \$100.00

**NJI Faculty currently teaching:** \$ 80.00

**Current NJI candidates:** \$ 25.00

**Other Institutes candidates:** (ID REQUIRED) \$45.00

**Graduate students** (Proof required) \$45.00

**Cancellation policy:** Cancellations made prior 72 hours (3 days) before the event will receive a full refund minus \$25 administrative fee. Cancellations made less than 72 hours before the event will be given half of the registration fees. Refunds will not be given for same day cancellations.

**There is no potential conflict of interest and/or commercial support for this continuing education event.**

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### **Last day to register for this event is 10/15/23**

For more information or registration please call 201-836-1065, visit us online [www.njinstitute.com](http://www.njinstitute.com) or via regular mail, 121 Cedar lane, Teaneck, NJ 07666

Non-Discrimination Policy: NJI does not discriminate on the basis of race, color, national origin, ethnicity, gender, gender identity, sexual orientation, religious belief or creed.

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